



**Analysis & Preparation for
Coaching
(Level 3)
Program Details**



Analysis & Preparation for Coaching (Level 3)- Program Overview

This document is intended to provide those seeking to apply to attend the World Rugby Analysis & Preparation for Coaching (Level 3) course with additional information on the course program and entry requirements.

Introduction

The World Rugby Analysis & Preparation for Coaching (Level 3) course will support coaches through a season and will focus on planning, delivery and review. The contacts over the season will be varied including face-to-face and observation of the coach at work in their own environment.

Cost – for approved candidates*

Regional candidates - €600 (incl. 4 nights accommodation)

Local candidates - €300 (not including accommodation)

**Candidates will be notified of approval once application has been screened. Participants are expected to attend all modules including face to face and remote program.*

Program overview



Candidate entry criteria

To ensure the content delivered on this course is appropriate to the level of participants, all candidates must satisfy the following entry criteria

- Nomination supported by their Union's Training & Education Manager
- Completed Level 2 Coaching (15s or 7s)
- Be currently coaching at National level or Tier 1 Domestic level
- Supported throughout the course by a mentor (World Rugby Trainer)

All candidates will be required to complete the following modules available on World Rugby Passport.

[RugbyReady](#)

[Laws of the game](#)

[Keep Rugby Onside](#)

[Concussion Management for the General Public](#)



Course Entry Program

Candidates will be required to register for the course by completing the information on the registration link – available from their Union's Training & Education Manager.

Candidates will also be required to complete the following tasks:

- Personal coaching profile
 - Video submission of candidate coaching philosophy, experience and key aspects of coaching profile
- Game analysis task
 - Candidates will be provided with a match video and task to observe and prepare an analysis of the team's performance.

Candidates will be notified by end of April 2024 if they have been invited to attend the next stage of the course.



Course in detail – part 1

Part 1 – Face to face program

A 3-day residential program covering the following modules:

Module 1 – Player and Team profiling

Module 2 – Game Profile

Module 3 – Patterns of Play

- Restart & Attack
- Defence & Counter Attack

Module 4 – Game plan & achievement strategies

The course will be delivered using a variety of means, including both practical and discussion based activities.

Candidates may be requested to complete additional tasks ahead of the date to ensure a high-quality program.

Dates and venues for face to face course

Course venue 1

12-14 July 2024

Amsterdam,
Netherlands

Course venue 2

19-21 July 2024

Batumi, Georgia

Candidates are reminded that attendance at the face to face course will only be communicated to those who successfully complete the pre-course program.

Regional attendees will be provided with 4-nights single occupancy accommodation close to the course venue.

Course in detail – part 2

Following the residential program, the following should be completed:

- Observation visit at your training session
 - A World Rugby Trainer will attend a live training session with you to observe:
 - Session structure & delivery
 - Coaching approach & interventions
- Review meetings
 - Candidates will attend 2 review meetings at which they will share with the other coaches and World Rugby Trainers
 - Game plan – Preview & Review
 - Video evidence of training in process

Dates for remote program

Session	Completion date
Review meeting 1	By end September
Training visit	By end October
Review meeting 2	By end November

Candidates will be required to record their training session to use as part of the review process.

Each candidate will be provided with a Coachlogic user account to upload videos of their training sessions

Course in detail – part 2 continued

In addition to the observation and review meetings, a series of e-workshops will be held with experts sharing best practice approach in the following areas:

- Virtual e-learning program
 - Laws of the game & risk assessment
 - Strength & Conditioning (High Performance)
 - The High Performance Coach Environment

Dates for remote program

Session	Date/time
Laws & Risk Assessment	TBC
Strength & Conditioning	TBC
High performance Coaching	TBC

Candidates are reminded that the e-learning program forms part of the course and attendance is mandatory.

Course completion - assessment

This is a competency-based course with assessment carried out during the entire program. Assessment will be conducted using a variety of methods including evidence of coaching ability, observation and discussion.

To successfully complete the course, participants must:

- Successfully complete the entry program
- Attend all face to face and virtual program sessions
- Achieve competency in every criteria of the course transcript
- Develop a team profile and season plan
- Provide evidence of coaching in practice through video submissions

Attendance at all modules of the course is mandatory. Failure to attend any of the sessions may result in expulsion from the course. On this basis no refunds will be offered to those withdrawing from the course once successfully registered.

Enquiries should be directed to the Regional Training Manager at rtm@rugbyeurope.eu.

